Clinical Practice Guidelines – Anal Fissure (updated recommendations include):

Anal fissure may be treated with topical nitrates (though headache symptoms limit efficacy) 1B



Ca-Channel Blockers have similar efficacy but superior side-effect profile, and can be used as 1st line Tx

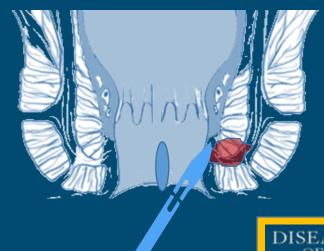


Botulinum toxin has similar results to topical therapies for chronic fissures & modest improvement in healing rates as 2nd-line Tx (following failed Tx with topical therapies) 1B



sphincterotomy tailored to the length of the fissure yields similar healing rates but decreased incontinence rates

1A





Davids JS et al. Dis Colon Rectum 2023;66(2):190-9