


Colorectal Cancer Awareness Month



Colorectal cancer is on the rise—but awareness and action can change the future. Whether through early screening, knowing the signs, or making lifestyle changes, every step we take today reduces the risk tomorrow. Let's start with the facts.

 <p>1 in 5 colorectal cancer cases in 2019 occurred in people under 55, compared to 1 in 10 in 1995. The trend is shifting to younger people.</p>	<p>Colorectal cancer will be the leading cause of cancer death for people between the ages of 20-49 by the year 2030.</p> 	<p>Colorectal cancer is the third leading cause of cancer-related deaths among both men and women in the U.S.</p> 
---	--	--

Screening. Saves. Lives.

<p>Colonoscopy is the gold standard of screening methods.</p> 	 <p>Colorectal cancer can be prevented.</p>	<p>Screening for colorectal cancer is now recommended starting at 45 due to rising cases in younger adults.</p> 
--	--	--

Colorectal cancer doesn't wait—so neither should you. As one of the leading causes of cancer-related deaths globally, it affects millions of lives each year. The good news? With regular screenings, early detection, and informed choices, colorectal cancer can often be prevented or successfully treated. Let's spread awareness, save lives, and reduce the burden together.



American Cancer Society, Colorectal Cancer Facts & Figures 2023-2025. Atlanta: American Cancer Society; 2023.

Xi Y, Xu P. Global colorectal cancer burden in 2020 and projections to 2040. *Transl Oncol*. 2021 Oct;14(10):101174. doi: 10.1016/j.tranon.2021.101174. Epub 2021 Jul 6. PMID: 34243011; PMCID: PMC8273208.

American Society of Colon and Rectal Surgeons. Basic Facts About Colorectal Cancer. ASCRS. 2023. Available at: <https://fascrs.org/patients/diseases-and-conditions/a-z/basic-facts-about-colorectal-cancer>. Accessed 2/12/25.

American Society of Colon and Rectal Surgeons. Frequently Asked Questions About Colorectal Cancer. ASCRS. 2023. Available at: <https://fascrs.org/patients/diseases-and-conditions/a-z/frequently-asked-questions-about-colorectal-cancer>. Accessed 2/12/25.